# Prayers For Healing, Hope and Miracles

Linda Crowhurst



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Linda's prayers edited by Greg Crowhurst

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# Introduction

When I feel fear grasping at my heart, I look to You And see You Standing before me, Arms open wide, Loving me.

#### Chapter 1

#### The wonder of Prayer

Praying together gives us strength in difficult days. It is that connection of light and oneness with each other and God that helps to lift our hearts to a higher place.

Here we can place all those in need of special graces with the Father, the Son and the Holy Trinity. Our hearts feel lighter for the energy of prayer is alive with the power of love and hope. For people we know who are struggling, ill or dying, we trust that they receive a blessing, touched by the prayer and the promise that God has given us, that He is with us.

We pray using His Holy name, Jesus Christ, we invoke the Power of the Spirit, we ask for the Love of the Father to fill each person's need. We ask for miracles, remissions, healing, peace, justice, hope; whatever we discern is needed, trusting that our hearts will guide us faithfully to pray sincerely.

This is the blessing of Faith, that however bleak our circumstances are, God can still touch us and save us. However alone we might feel and isolated we might be, there is the Presence of the Trinity, holding us in the Heart of Love, so we are never truly alone. This is how we can all be connected. This is how prayer unites us all in a bond of healing, we trust in the goodness of God and each other. Amen

There are often so many different things that can need healing. Have confidence that God can act on any and every level, so let us pray with hope and trust that it is so.

With God, how far can you get above suffering, I ask? How high can you get above pain? God answers: As far as the sky and as near as the breath, You can enter that Peace of Loving Transcendent Mystery And there find a Peace beyond all knowing. How wide is that Peace, I ask?  $Wh\gamma$ , it is as vast as the oceans And way beyond all the stars That sparkle through the Universe. It is as huge as the sea is to a raindrop. It is as comforting as an endless tender hug. It is as gentle as a fleecy coat of the finest spun lambs wool. It is always and everywhere, Forever sparkling to bless you. Amen

#### Chapter 2

## How to use this booklet of prayers

**H** aving written prayers for almost three decades now, for people who are sick, suffering, going through injustice, loss, dying or bereaved, I have come to see each prayer as a living entity that shifts and changes with each person and need.

These prayers have either been written for myself, for my suffering has been intense, immense, unimaginable to most people and unremitting for all this time or for people we know or have known. It is prayer that has sustained us both through all the hopeless, helpless moments. It is love that has won through and triumphed.

Other prayers have been written for friends with terminal illness, friends with long term very severe chronic illness, people in extreme pain, family and friends who were dying and for those left behind, bereaved and grieving, as well as prayers for people suffering injustice or betrayal.

Yet still each prayer may need tiny adjustments for each person's individual circumstance. That is the beauty of prayer. It shifts and changes subtly to enfold each person in their own unique circumstance.

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Sometimes you might want to pray for yourself asking for healing, remission or miracle, other times, the prayers may be more general or for others to pray for someone else. Alter them as you see fit for each need.

When you approach these prayers, be open to changing them as required, so that they are right for your own personal circumstances. They are only a guide for prayer, they have all been lovingly prayed and many answers have been received.

People have survived difficult operations, sight has been restored, cancer has been cured, a painful shoulder has been relieved, strength in constant pain has been found, as has comfort in living with terminal illness.

I believe that my own life was saved when people prayed for me, so I have great confidence, despite I have never been cured, God has helped me, through unimaginable circumstances, to survive and our lives have been filled with His Loving Presence.

We truly believe that a situation or person, touched by prayer, will find light, comfort, peace, hope, upliftment, healing, a shift in energy or perspective, in some way, even if not as imagined or asked for.

We hope that these prayers can inspire, empower and touch your lives too and bless those who you pray for.

Whatever the response remember it is God who hears and answers our prayers.

#### Prayers For Healing, Hope and Miracles

# Come Into The Hurting Places: a prayer for those who suffer

Come into the hurting places if you will.

Come gently into the hurting places of my body, Caress then gently if you will, Tenderly heal them if you will.

Come gently now into the hurting places of my heart. Release the many unshed tears if you will, Fill my vulnerability with your strength if you will.

Come gently now into the hurting places of my mind,

Touch each painful moment with love if you will, Lift my thoughts to higher places if you will.

Come gently now into the hurting places of my soul, Let your light pour into me if you will, Give me the gifts of your Spirit if you will.

Come into the hurting places if you will and make me whole.

#### We Thank You

We thank you for Loving us. We believe absolutely in Your healing Love, To help, strengthen, comfort, guide us, Especially in times of great difficulty and need. Amen



## My Need

My need is great, Lord. Your answer is all. Amen

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#### STRUGGLING

What do we do when we are struggling? It is so easy when things keep going wrong or nothing seems to change for the better or circumstances worsen unbearably, to feel helpless, hopeless, despairing.

This then is the time to turn to the Lord and ask for His help. Call His Holy Name. Pray to the Spirit to come in Power, lift up your spiritual eyes to see Him more clearly. Banish all fear and hopelessness and place your heart in trust in God to bless you and come to your aid.

Focusing on fear and negative imaginings only worsens your sense of disempowerment and abandonment. Focusing on Goodness, Light, Love and the Presence of God with you, must surely touch your heart in a new way and give you strength. Amen.

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#### When Our Need Is Absolute

When our need is absolute, Your response is total, Lord. For this we trust and thank you! Amen

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#### **Flood Our Lives**

Flood our lives Lord, With Your Holy Light May we receive blessings And healings now. Amen

#### Faith and Prayer

When faced with untreatable, incurable illness, Faith and Belief can bring strength, with Hope. The Power of prayer can bring miracles and healing to the fore. It is at such times that we cry out in desperation to be saved.

Yet whatever the outcome, prayer reminds us that God is with us and walks with us in all our suffering. This can bring tremendous strength and reassurance.

## I Cry Out

I cry out to you, oh Lord from the very depth of my being Oh Lord please heal me Heal me now I cry out I beg I beseech you heal me now, oh Lord, in Your great bounty For it is said that all things are possible to you, oh Lord. Nothing is impossible. You made the blind see. You made the lame walk. Mend my limbs - give them strength. Touch my ears - take away the pain Touch my skin as you touched the leper and let it feel cleansed and healed: only health and peace to a tormented body. Lord you lift and carry my soul. Now lift and carry this tired body. Make it new. Make it strong. make it well Lord, now, for I have no other words to ask, I have no more that I can offer you I have no more to say. In to your hands I commit my spirit, my body, my soul Lord hear me now and heal me please.

#### Chapter 3

# Prayers for people with Covid 19

hen faced with a deadly virus, we turn to the Lord to help us and save us and our love ones. Dealing with the unknown can be frightening. We ask for the Lord to be very near and bring comfort and hope. We place ourselves and our loved ones in the Heart of Love where miracles flow and peace is present. We trust in that which we hope for, even if it is not yet visible, we hold on to the promises that God had made that He is with us and to fear not.

#### Heal Them Now

Holy Spirit, come upon .....name...... and heal them now!
Guide them with Your faithful Light.
Comfort them in all they suffer.
Give them the strength they need right now.
Ease their breathing.
Lessen their pain.
Shield them and protect them.
Save them from the virus and restore them to full health.
This we pray with total sincerity and absolute trust in You Lord.

#### **Banish This Virus**

Lord banish this virus in Jesus Christ's name. May it be gone now. May it do no more harm. May all who are hurting and suffering with it, Attacked by it, Afraid of it, Be healed and restored. May complete healing flow to all, however ill they may be. May complete healing be received by all. May all be restored in them. May they fully recover. We ask in Faith. Amen

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#### For Someone In Hospital with Covid

Lord I ask You now To heal ...name... I ask You to lay hands upon her/him/them I ask You now to completely restore her/him/them I ask You now to banish all that assails her/him/them I ask You now to be with her/him/them as I pray I ask You to restore her/him/them to full health. I trust in the promises You have made us. I trust in the healing power of Your Love. I trust in You totally. I ask You to absolutely heal her/him/them now. I ask you to provide her/him/them with much needed strength. I ask you to restore her/his/their breathing. I place my trust in You. Hold them now. Heal them now. Help them feel your loving touch now. Restore them absolutely now By the power of the Holy Spirit. With the Love of the Father. In the Name of Jesus Christ. I call upon the Holy Trinity now. I ask in absolute faith that you hear me now And answer me totally. May they be made well. Amen

#### Chapter 4

## Pain

ain is very personal. For the person in continuous high level physical pain, who has no relief, sometimes all they can do is dwell in it, unable to distract from it. It may feel unendurable.

The emotional and spiritual pain of loss may also feel completely exhausting, unbearable and need great strength and fortitude to endure.

When we are chronically ill, we experience many losses.

The pain of injustice can cause a deep wound.

When we face death, we must be prepared to let go and reach out in trust to God to save us.

Focusing on love, goodness and His Peace beyond the world, is where God can help us find Him and answer us powerfully. It is where we can reside despite the most horrendous, unimaginable pain and circumstance.

#### When Pain Is Indescribable

When pain is indescribable Lord, Hold me When agony burns so deep there are no words left to describe it, Console me When endless pain is in every part of my being, Be with me in power Hold my hand and Help me Lord. Give me the strength I need to bear the unbearable. Give me Hope that it will truly diminish. Give me Trust in Your Power, to banish it. Give me Faith that it will lessen. Give me Confidence that You are with me, through every moment. Give me Love, in my whole being, to heal me. For all things are possible with you, Lord. Give me the Peace beyond all suffering, to help me cope, May the suffering lift and leave me now. Amen

#### Lord, I Trust In You

Lord, I trust in You When I cannot bear another moments pain, Help me cling on to You and feel that You are with me And know that I am safely held in your tender Heart. Amen

### When I Feel Overwhelmed

When I feel overwhelmed by my pain and suffering Lord, Still me When I am hurting Lord, Soothe me When I feel ill Lord, Bless me When I feel alone Lord, Hold me When I feel abandoned Lord, Restore me. Amen



#### For Anyone In Pain

Lord, I ask you now to help ..... To bless them. To comfort them, To calm and strengthen them. Fill them with your Peace. Heal them now. Lay Your Merciful healing, tender hands, upon them now. Take away all illness, Ease all their pain, Console them now. I ask in Confidence. I ask in Trust. I ask with Faith and Hope. I ask in the Power of the name of Jesus, Knowing You will hear and answer Amen

#### For Anyone In Difficult Circumstances

May you endure in the most difficult of circumstances May He hold you and steady you on your path May you find strength in the Lord May He always protect you and keep you safe. May you trust in His guidance May He lead you in love May you always find comfort and unexpected kindness May He bless you in unthought of ways. May there be a change of heart and mind in all who persecute you May His Wisdom rule in their hearts. Amen

#### When You Are Persecuted

When you feel crushed and wounded by those who persecute you
May the Lord give you solace and strength.
When the way ahead is fraught with difficulty
May the Lord lead you safely on
When fear justifiably grips you
May you feel the love of the Lord sustaining you.
When pain is intolerable
May the Lord hold and comfort you.
When doubt overwhelms you
May the Lord bring you discernment and wisdom.
Amen

## Trust

God hears every prayer and every second of our life is precious to Him. Sometimes when things are difficult, it is hard to keep trusting or believing that He is hearing our cry; this is when great Trust and Faith are needed.

We can hope and pray that He will keep us safe and bring us through every difficulty.

And when the need is great, we need to ask in total Trust, for His help, expecting a powerful response!

#### In You We Trust

In You we trust Lord. Answer us now, In ways that we can See, Know, Taste, Feel, Recognise as a direct response from You! Heal ......Lord, graciously heal him/her/them Save ..... Lord, graciously save him/her/them Protect ..... Lord, graciously protect him/her/them Comfort ......Lord, graciously comfort him/her/them Strengthen ......Lord, graciously strengthen him/her/them Restore ......Lord, graciously restore him/her/them Renew ...... Lord, graciously renew him/her/them Bless ..... Lord, graciously bless him/her/them! Amen! Amen! Amen!

#### We Trust

We Trust in You Lord When our own fears and imaginings Destroy our peace of mind. You restore Right Judgement And bless our days with Truth. Amen

#### Chapter 5

# A Depth Of Suffering

here is a depth of suffering so deep that not everyone will ever know it or survive it, yet when you find yourself in this seemingly hopeless, helpless, broken place, it is only God who can sustain you. It is only God who can reach you. It is His Light, His Peace, not of the world, His Holy Heart of Love, which must be sought innerly, in order to endure.

And if you are lucky and come through it, it is His Peace that transcends all pain, that can Comfort and Restore you or lift you into His Grace, forevermore.

### Lord Help Me

Lord, Help Me Lord, Help me find Your Light When my own light fails And my illness strikes And the world torments me Help me keep a place Of stillness Within me That I might find Your Grace Upon me. Amen

## Miracles

Sometimes we cannot see how healing will happen, sometimes it is not always in the way that we hope for, but always we must trust that if we give it to God, there will be healing, however it manifests and whenever it manifests.

In lifting others up to the Love of God, all things are possible, all Love is given back. Prayer then is two-way; we too are blessed by our compassion and love for others. We too are held in His Grace, in that connection with Divine Love. In praying, we are touched by His Love. In holding others in His Love, we too are held.

There is such love then and intimacy in prayer, which truly is relationship with God. No wonder we are asked to 'pray without ceasing'. For this is where miracles happen and joy is complete.

And so we ask for miracles, no matter how bleak things seem, in faith that we shall receive them in abundance.

When truly touched by Love, healing blesses us, whether for a second or totally. I think this totally is what we call Miracles.

#### Let Us Hope

Let us hope in miracles, Let us trust in miracles, Let us believe in the miracle of your Love. Amen

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#### Lord, We Ask For Miracles

Lord, we ask for miracles, Knowing miracles will be sent. Lord, we ask for Your healing Power To come upon us mightily, Trusting it is so! Amen

## I Place My Heart

I place my heart, I place my body, I place my hope, I place my hurt, All in You Lord. I ask for a miracle, Knowing miracles will come. I trust in You And I thank You With all my being. Amen



#### Lord, Lift Us Up

Lord, lift us up To receive your blessing. May we always be filled with Hope in the miraculous, May we always know You are with us. Amen

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#### Lord We Ask For Miracles

Lord, we ask for miracles, Trusting in Your Word, Knowing that all is possible with You, Knowing You Hear and Answer us. Amen

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#### We Ask

We ask for miracles. We pray in Your Holy and Precious name, Lord Jesus Christ, Trusting always in Your absolute Goodness and Mercy. Amen

#### We Pray For Healing

We pray for healing We ask in hope We beg for a miracle, Knowing You provide. We trust You will hear and answer Amen Amen Amen

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#### We Humbly Ask

We humbly ask for miracles In Your most Holy name Knowing You Hear and Save us. Amen
### Chapter 6

# The Peace that Passeth All Understanding

nto this life of mine, my God has come, gentle, bright, warm, present, compassionate, encouraging, inspiring and uplifting. His peace, truly not of this world, is the gift He brings. A peace that flows around, between, within each painful moment and infills all my being with His Love. It is vast, ever flowing, gentle yet strong, here yet there and everywhere at once. It becalms me. It strengthens my heart and keeps me safe. It blesses me in its tenderness. It encourages my faith and knowledge. It keeps me in the present moment, rather than in the loss of the past or the fear or unfolding of the future. It stills me in my distress. It is golden and resonates with beauty. It is all that sustains me through every moment's trial and bodily torment. When I lose awareness of it, I am battered. When I find it, it is everything, for it lives in me and I become one with God in it and He is Ever-Present in me.

## When My Peace Is Lost

When my Peace is lost And my Spirit attacked Lord give me strength To hold on to You Till I feel safe once more And Peace Is once again restored. Amen

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## As I Accept My Path

As I accept my path May it be filled with Grace And may that grace bring Peace And fill me with the Truth Of the ever-present God-with-me. Amen

## Be Of Good Faith

Be of good faith. Have confidence in the Lord, For He is very near. Grace touches each day. Grace touches each hour. Grace touches each minute. Grace touches each moment. Turn towards Love then And receive all the Comfort The Lord brings to you. Amen

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## May Peace Come

May Peace come May Peace stay May Peace enwrap you May Peace infill you May His Peace bless you In ways beyond imagining.



### May Peace Flood My Life

May Peace flood my life May Peace flood my body May Peace flood my mind May Peace sparkle gently within me. May Peace flow out from me And touch all those I love too. May they know the Peace of God with me May they find Comfort and Hope. Amen

## I Choose Peace

I choose peace I choose love I choose trust I choose patience I choose truth I choose calm I choose stillness I choose mercy I trust in the Lord I hope in the Lord Be with me now! Grace fills me. The light is within me. I am peace I am love I am trust I am patience I am truth I am calm I am stillness I am mercy. Mercy flies to me

I am stilled with His Peace.

Prayers For Healing, Hope and Miracles

### When There is No Other Word

When there is no other word possible May I call on Peace to comfort me. Amen

## Calling Upon The Spirit

The Spirit is pure Love in Action; a real Power in the world. How can the Spirit protect us? The Spirit brings gifts that aid us, so that we can act wisely, discern truly, to help us make right decisions. The Spirit is the Messenger of God. Let us listen for the messages the Spirit brings that will help keep us safe as we walk a Holy path with God.

The Spirit brings healing on multiple levels; healing of mind, healing of body, healing of emotion, healing of spirit. And when the way ahead feels impossible, when hope is waining, the Spirit brings miracles unexpected, that can save us. The energy of Love, uplifts us, carries us forward and energises us, empowers us with confidence. Praying in the Power of the Spirit, comforts, strengthens, renews and brings spiritual protection, especially when we pray the Our Father, the prayer of the Son to the Father, reflecting His own greatest need for protection for the path ahead: His Passion and death, which leads on to renewal, Resurrection and Life eternal.

Therefore let us not be afraid, for when we look with fear, we cannot see clearly the wonder and power of Love that transfigures and transforms everything, bringing new Light, new Hope, New Possibility, where none seemed possible or likely.

How important it is to call upon the Spirit and to claim the healing, to ask for healing, then to open to receive it, believing you are worthy, trusting in its possibility, knowing that you are loved and nothing is impossible to God.

Healing flows unpredictably, wildly and freely with the Holy Spirit. Let us call then in confidence upon the Spirit for gifts of healing to manifest in us and that people may be healed by God, through our petitions.

#### Prayers For Healing, Hope and Miracles

Let us also trust that the Spirit brings healing and that we too can be healed!

# I Call

I call upon the Holy Spirit to come down upon me now, With the tenderness of the Dove and the Power of the Eagle. I claim the healing now! Amen

\* \* \*

## **Come Holy Spirit**

Come Holy Spirit Come! Come in Power and Might! Touch and heal us. Renew and strengthen us Heal and save us, Protect and comfort us, All in the Power of Your Love. Amen

## The Litany of the Holy Spirit

Come Holy Spirit, Be with us. Come Holy Spirit, Pray for us. Come Holy Spirit, Pray through us. Come Holy Spirit, Live in us. Come Holy Spirit, Ignite us with your Love. Come Holy Spirit, Let us see miracles before our very eyes. Come Holy Spirit, Let us feel the power of prayer in action. Come Holy Spirit, Let all love come down to touch and heal right now. Let all healing be received! Amen

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We banish all fear and ask for the Blessings the Spirit brings, to uplift and transform our lives, this day and keep us safe from harm. Amen

## Healing Prayer To The Holy Spirit

Come Holy Spirit, come. May the Holy Spirit come upon you now Heal and save you, Restore you to full health, Comfort, shield and protect you, Remain with you Inspiring you And guiding you Always Amen

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## An Invocation For The Holy Spirit

Oh Holy Spirit Power to hold us Power to hear us Power to see us Oh Holy Spirit Circle Us Guide Us Lead Us Counsel Us Oh Holy Spirit Power to heal Power to free Power to restore Oh Holy Spirit Come be with us Come be with us Come be with us Amen (Written by Greg)

# A Call To The Holy Spirit

Come Holy Spirit, Come! Anoint me with your Love. Reside in me in Power and Tenderness. Come Holy Spirit, Come.

Come Holy Spirit, Come! Give me a Thirst for Justice and Righteousness, Shower me with Your gifts. Come Holy Spirit, Come Holy Spirit, Come!

Come Holy Spirit, Come! Lead me on a path of Light and Truth. Help me speak truly, help me speak fairly. Come Holy Spirit, come today.

Come Holy Spirit, Come! Shield and Protect me from all harm. Bring miracles of healing; bring them with You. Come Holy Spirit, come.

Come Holy Spirit, Come! May your Spirit flow freely within me.

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Help me see clearly. Let me speak wisely. Come Holy Spirit, come today.

Come Holy Spirit, Come! Pray with me, pray in me, pray through me, Intercede for me. Pray for us. Come Holy Spirit, come.

Come Holy Spirit, Come! Bless me with your ever-giving Presence. Touch me with your Essence, make me whole and complete. Burn in me with Passion.

Come Holy Spirit, Come! In every moment be with me. Come Holy Spirit Come Holy Spirit Come Holy Spirit, Come right now. Amen Chapter 7

# Healing Love

e absolutely believe that love heals. A kind touch, a loving look, a warm message, all can lift our spirits and change the whole energy of the day.

How much more powerful then, must God's Love be, when it graces our lives?

There is no more powerful a place, no more wonderful an energy, than to place the person you care about in the Heart of Love, the totality of Love of the Holy Trinity.

This must be where Miracles take place and all is healed, for there is no greater power of Love in the whole Universe.

# Му Сгу

My cry is a tear. My tears are a river. My pain is a flood. My need is a desert. Your love is an ocean.



# A Blessing

Lord, bless this day, This hour, This minute. May all moments be blessed. Help me feel your ever-present Love Touching me, Lifting me, Guiding me, Comforting me, Leading me on Through every moment, Knowing that You are by my side And will keep me safe. Amen

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## The Litany Of The Heart of Love

Oh Heart of Love, oh Mighty Trinity Surround us with Your love. Oh Heart of Love, oh Mighty Trinity Pour out Your grace upon us. Oh Heart of Love, oh Mighty Trinity Lead us to Mercy. Oh Heart of Love, oh Mighty Trinity Bless our lives in unimagined ways. Oh Heart of Love, oh Mighty Trinity Teach us the Word of God. Oh Heart of Love, oh Mighty Trinity Guide us in the way of love. Oh Heart of Love, oh Mighty Trinity Comfort us in our need. Oh Heart of Love, oh Mighty Trinity Help us bear all suffering. Oh Heart of Love, oh Mighty Trinity Fill us with hope. Oh Heart of Love, oh Mighty Trinity Open our hearts with compassion Oh Heart of Love, oh Mighty Trinity Bring us to life. Oh Heart of Love, oh Mighty Trinity Heal us now Oh Heart of Love, oh Mighty Trinity Bless us with miracles. Oh Heart of Love, oh Mighty Trinity Be with us as we pray Oh Heart of Love, oh Mighty Trinity

#### Prayers For Healing, Hope and Miracles

.....individual prayer request..... Oh Heart of Love, oh Mighty Trinity Surround us with Your love. Amen

## Come Upon.....

Lord, come upon ...... and heal him/her/them now! Lord, guide him/her with Your faithful Light! Lord, comfort him/her in all he/she/they suffers! Lord relieve the pain! Lord save him/her from death and restore him/her/them to full health!

This we pray with total sincerity and absolute trust in You Lord. Amen

## My Need is Great

My need is great, Lord. Your answer is all. Amen

## Hold Me

Hold me Lord, until the pain dissipates, Or keep me in a safe space Where I can bear it, with Your Help. Amen

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### We Thank You

We thank you for Loving us We believe absolutely in Your healing Love To help, strengthen, comfort guide us Especially in times of great difficulty and need. Amen

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#### Grace

Lord, we ask for Your Love to grace our lives. We ask in confidence and faith, Knowing that it is for this, Lord That You came into the world. Flood our lives with Your Holy Light, oh Lord, May we receive this healing blessing now. Amen

## All Love

All love to you today and the healing power of God, uplift you and surround you. Amen

\* \* \*

## Lord, Help Us Flow

Lord, help us flow in Love Help us build on Love Help us trust in Love to prevail. Amen

\* \* \*

### No Matter What

Help us always to see with inner eyes of Love, No matter what occurs, Lord, Help us see that You are there too. Amen

## A Mutual Blessing

Lord, may our lives be blessed by Your Love May Your Life be blessed by our love. Amen

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## Lord, May My Tears

Lord, may my tears be a prayer Bringing healing and hope To all that I pray for. Amen

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### Chapter 8

# Compassion

ny prayer for another must be rooted in compassion, a desire to help another, to ask for healing or help for them from God.

Our hearts are broken open by our own suffering and our own need. May that experience become knowledge and that knowledge become laced with compassion for ourselves and each other. May that compassion bless our lives and all who we encounter.

## May I

May I be able to reach out in love and kindness Beyond any unhealed hurts And find compassion guiding my words and actions So that a true spiritual connection can be made And all wounds be healed. Amen



#### Tears

Tears are prayers: Prayers of compassion Prayers of tenderness Prayers of hope Prayers of light Illuminating the darkness Of our grief and fear Tears are a release A relief Lifting us gently Tenderly Into the awareness of The Beloved Son's Ever open heart. Amen

## Lord, Help Me Bear

Lord, help me bear these unbearable symptoms Of unrelenting illness With Kindness With Wisdom With inner Peace With Compassion For myself and others And bring me true relief from them. Amen

## I Pray For Comfort

I pray for your comfort today. I pray for Mercy to touch your life And lift you into the truth of love here with you. I pray for wisdom and consolation to bless your days But more than this I pray for freedom from the past, Freedom from illusion, freedom from guilt And freedom from pain. I pray that you live in the precious present moment and feel blessed by all that surrounds you and all that is good. I pray for happiness For laughter For kindness to find you I pray for special moments And the joy of life To fill you And inspire you. Amen

## Hear Us Now

By the power of the Holy Spirit. With the Love of the Father. In the Name of Jesus Christ. We call upon the Trinity now. We ask in absolute faith that you hear us now And answer us totally. Amen

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## Help Us

We call upon the Mighty Holy Trinity To help us this day and every day, In every situation we find ourselves in. Amen

### Save....

Lord we ask you now To save ..... We ask you to lay hands upon them. We ask you now to completely restore them. We ask you now to banish all that assails them. We ask you now to be with them as we pray. We ask you to restore them now to full health. Their need is great. We trust in the promises you have made us. We trust in the healing power of your love. We trust in miracles. We ask for a miracle of healing now. We place our trust in You. Hold them now. Heal them now. Help them feel Your loving touch now. Restore them absolutely now. Amen

## Help Them

Lord, my friend is dying Please help him/her/them, right now I do not know what to ask for But I know that You know their every need And I trust in Your unfailing Love To provide Sustenance And Hope Where none seems possible. Amen

\* \* \*

### May We Trust

May we always trust in the impossible And ask in confidence For Your Help in all things, Knowing how nothing Is impossible to You, oh Lord. Amen

## We Praise And Thank You

Lord, we praise and thank you for Your great Love Knowing it is always with us through every trial. Even when we cannot feel you directly Still we trust that you are with us in our need. Lord, we open to receive Your Blessing. We receive it now! We trust in it now! We accept it now! We give thanks and praise right now. Amen

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### I Beseech You

I call upon the Spirit, now! Save our loved one from death, I beseech you right now! Amen

## When All Seems Hopeless

When all seems hopeless, save us from despair When we need You to answer us, come to us in Power and help us When we need a Miracle, Lord, please supply one! Amen

## In You Do I Trust

Lord touch me now, With your healing power. Lord, touch me now With tender kindness. Lord touch me now, With your healing hand. Touch all that is unhealed, And broken in me. Lord touch me now, With your perfect love. Touch my mind And restore me to fullness. Lord touch me now, With your abundant mercy. Touch my limbs And restore my strength. Lord touch me now, With your deepest compassion. Touch my heart And help me feel renewed. Lord touch me now, With your caring gaze. Touch my soul And renew my life. Lord touch me now, With all Your heart. In you do I trust to heal and save me. Amen

## Lord Bless Them Now

Lord bless them now Lord comfort them in their passing. Fill them with a new and ever present peace, Not of the world That lifts, transforms, comforts, strengthens, consoles And blesses beyond thought and words. Amen

#### \* \* \*

### Fill Us With Peace

Fill us with Peace Fill us with Trust Fill us with Your tender, gentle presence Lord That even in this dying, We can feel safely held by You. Amen
#### Praying in the Name Of Jesus Christ

To pray in the name of Jesus is more than to ask Jesus to heal. It is to enter into the healing energy flowing from Christ. It is to speak with His authority. It is to expect miracles. It is a total prayer asked and answered, in which the healing flows through you, as you command healing in His name.

\* \* \*

#### I Pray In The Name

I pray in the name of Jesus Christ. I ask for protection. I ask for help. I ask for healing. I ask for restoration. I ask for strength today. I ask the Lord to cover me With His Holy and Precious blood. I call upon the Word to answer me So that I am made whole and complete. I call upon the Father to surround and fill me, With His Love. I call upon the Holy Spirit to renew me and bless this day. Amen

#### Jesus Christ

Help us to call out Your name: Jesus Christ Knowing that You will hear and answer Bringing light and goodness to bear in every situation. Amen

\* \* \*

#### Let Us Ask With Boldness

Let us ask with boldness for healing and help. Let us ask in confidence in the name of Jesus Christ. Amen

#### \* \* \*

#### I Call

I call upon You now Lord I call upon Your precious Holy Name, from the depths of my distress. Lord hear me now and save me. Restore me now! Amen

## In The Power

Lord I beseech You To end my suffering now To restore me to full health To save me from distress and torment I ask in Faith I ask in Trust I ask in the Power Of Jesus Name. Amen

#### Chapter 9

# When The Need Is Great

hen the need is great, the Trust in God is perfect. The request goes straight as an arrow to the Heart of Love. There is clarity in prayer. There may only be one or two words. Their meaning is radiant to God: Help! Save! Miracles now! Peace.

A silent plea is equally powerful. God sees our tears and holds us in Love and Mercy. In Mercy we experience no fear, no doubt, only pure Love and Light. We know God has heard us. We know God is with us and those we hold in prayer. We feel Love wrapping itself around us, tenderly comforting us, bringing us a Grace from God, Himself, in person.

# I Ask You Now

Lord I ask you now To save my friend/ partner/parent/child I ask you to lay hands upon her/him/them I ask you now to completely restore her/him/them I ask you now to banish all that assails her/him/them I ask you now to be with her/him/them as I pray I ask you to restore her/him/them now to full health. Her/his/their need is great. I trust in the promises you have made us. I trust in the healing power of your Love. I trust in miracles. I ask for a miracle of healing now. I place my trust in you Hold my friend/partner/parent/child/them now. Heal my friend/partner/parent/child/them now. Help my friend/partner/parent/child/them feel Your Loving Touch now. Restore my friend/partner/parent/child/them absolutely now By the power of the Holy Spirit. With the Love of the Father. In the name of Jesus Christ. I call upon the Trinity now. I ask in absolute faith that you hear me now And answer me totally. Amen

# We Place Ourselves In Your Tender Care

Lord, when our need is greatest, We turn to You in absolute trust and faith, Knowing that You will help us in any circumstance. And so we place ourselves in Your Tender Care. Amen

\* \* \*

# **Praying For Healing**

Sometimes it can help to be very specific about what needs healing. Other times, you may not know. There is no right way. One is clear and focussed, the other is open to call for unknown need of healing. You can pray for yourself, as well as someone else in need. Each person you pray for may need a different prayer. Trust in the Spirit to guide you and lead you in prayer.

\* \* \*

We Place All

We place all in the Heart of Love And trust in the outcome, Held in Love. Amen

# Lord, Lay Your Hands

Lord, Lay your hands upon me/him/her/them now and Heal all that is hurting. Lord, Lay your hands upon me/him/her/them now And Heal my /his/her/their deepest wounds. Lord, Lay your hands upon me/ him/her/them now And Heal every slight that ever harmed me/him/her/them Lord, Lay your hands upon me/him/her/them now And Heal every part of me/him/her/them Touch my/his/her/their head. Touch my/his/her/their body. Touch my/his/her/their mind. Touch my/his/her/their heart. Touch my/his/her/their soul With Your Love. I/he/she/they long to be Restored Renewed. strengthened, healed. Lord lay your hands upon me/him/her/them now And make me/him/her/them whole once more. I/we ask in total faith and trust. I/we ask in the Name of Jesus Christ. I/we ask that the healing be immediate. I/we ask that the power of your Love Bless all of me/him/her/them now and forevermore Amen

#### Chapter 10

## Sleep and Rest

I may be hard to sleep and find rest, both when you are physically ill, as well as when you are in a state of grief, when you are going through stress, loss or a process of being with someone who is immanently dying or when you are bereaved and in great emotional pain.

Worry and fear may keep you awake or you may need to be awake, on call, in case needed or simply want to pray, for the person or yourself and gather your thoughts.

When you sleep, it may not feel restful or restorative. It may not be an overly long sleep or it may be filled with nightmares and vivid dreams, leaving you groggy and not at your best.

Prayer may help you feel closer to the person you love and care about or may bring much needed comfort to a grieving soul.

## **Deepest Blessing**

May you find the deepest blessings this night. May you be visited as you sleep By the Father, The Son, And the Holy Spirit. May they bring you gifts Of healing, Comfort, Peace And restoration. May you waken refreshed And renewed in strength, Touched by the Precious and Eternal Heart of Love. May your days ahead Be blessed and full of comfort. Amen

# Even

Even in the darkest night, Lord May we find Your Light Burning bright, In some secret, special place, Deep within us, Reminding us that You are near And all the time, holding our loved ones Forever. Amen

#### Lord, Grant Me A Peace-filled Night

Lord, grant me a peace-filled night, A sleep that restores, Dreams that comfort, A comfortable bed, Hope for the new day, And a blessing for the future. So that when I wake The day will hold a new promise of something more than unending pain or loss, More than utter desperation, And the cruelty of despair. Enter my dreams as I sleep And touch me with your love. Heal me in my need. Guide me in my thoughts. Lead me into light. Come to me in power. Bless me with the gift of hope, Leaving me consoled and renewed as the new day breaks. Amen

# May We Rest

May we rest in You, Finding all peace, All joy, All beauty, Here with us now. Amen

#### Chapter 11

# Mercy

hen we are confronted with death, may we immerse ourselves in God's Mercy, that all healing be received and rightness be restored in our being.

Love is the power that Mercy brings. Ultimately Mercy is Divine love, unchanging as it ever was, ever is and ever shall be. It holds us all, sustains all, breathes through all, enlightens all. It is the morning and the night, the light in every person, the Holy Trinity. Mercy is all.

Mercy brings truth into any situation; above all it does not judge. In this way it affects sin and unforgiveness by dispelling it. Mercy is peace, the peace not of the world, ever flowing from the Heart of Love, the Mighty, Awesome, Holy Trinity.

When forgiveness may not feel possible, within the time frame left, Mercy can be invoked, which eases all unforgiveness and touches all with Love and Healing. Thus all may be well, despite our own personal struggles and peace may unexpectedly, still be found.

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This is the meaning of Mercy; to be merciful is to be free.

Transfiguration is being touched by the Light of Life, who is Mercy incarnate and eternal. It is where we meet Mercy in absolute purity, where we are touched by Mercy and all illusion drops away, so that truth is revealed in all its splendour and we find that love is real, alive and awesome in nature.

When, in all honesty, it does not feel possible to forgive a person right now, for all the hurt and ignorance caused by them, it is still possible to chose Mercy.

The hope may still be eventually to forgive; yet in the meantime choose Mercy.

## May We Be Filled

May we be filled with Mercy so completely, that all our thoughts, words and deeds and every experience we have, be perfectly aligned with Your Goodness, Lord. Amen

#### Mercy Is How...

Mercy is how forgiveness is possible. Mercy is how unforgiveness can be redeemed. I choose Mercy.



# I Ask That Mercy Flow

I ask that Mercy flows from the Heart of Love directly to me and heals all the wounded, unhealed, hurting parts of me. I choose Mercy, which is greater than forgiveness and encompasses all time and space and heals, far beyond my limited perspective and imagining. I desire to immerse myself in Mercy, hoping it will free me to forgive all and find peace. Mercy then, is what I choose; Mercy above forgiveness. Mercy that heals all, loves all, blesses all, saves all. It is in Mercy that I place my trust in: God's Mercy, rather than my weak human capacity to forgive. Amen

## Mercy Is

Mercy is Gratitude Mercy is Awareness Mercy is Being Mercy is Freedom Mercy is Courage Mercy is Letting go Mercy is Flying Mercy is Accepting Mercy is Loving Mercy is Father Mercy is Son Mercy is Holy Spirit Mercy is Healing Mercy is Miraculous Mercy is the Miraculous Heart of Love Praise and thanks be to God Amen

## May We Feel Held

May we feel held in Your great Mercy and Compassion Which pours endlessly out from the cross Where you knew untold agonies in Your Passion Reaching out within and beyond space and time To touch us in our own unique distress and pain. Only Your Love can save us Only you can truly know the fullness of our suffering Bound intimately and infinitely with us Pouring out Your Heart of Love down all the years to reach us, to hold us. to heal us, to comfort us, to save us. May we receive the blessing of Your Gift right now. May we find healing and Hope And a light that shines in the darkest hour. May we be Transformed by the Power of the Holy Spirit. May we be Transfigured as we look upon your Beautiful face. May we be renewed and strengthened by all that is good. May we be brought to new Life in You. May the flame of Light you ignite in us, Be a tiny spark, reaching back to give you Hope and certainty of knowledge, That we have seen

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And we have heard And we have received Your blessing And been strengthened in our faith by Your total Sacrifice for us, that in Your final hour upon the Cross, You might have felt us touching you as You touched us, in oneness and wonder, for all eternity. Amen

# A Prayer For Mercy

Lord in your mercy Tenderly heal me. Lord fill me with your holy peace Not of this world. Lord bless me With your healing presence. Restore me now to full health. Lord strengthen me With the Power of Your Spirit. Ease the burdens that I carry. Lord comfort me With Your Tender heart. Release me from all pain. Lord console me With the truth of Your love. May all mercy be received. Amen

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#### May Mercy

May Mercy Always Find a pathway To my heart. Amen

\* \* \*

#### In Mercy

In Mercy we will live Forever And this flickering life To sing With this voice To dance With thus body To touch With these hands To laugh With these eyes And to free With this heart.

by Greg

#### Help Us To Forgive

When we have been deeply hurt, Lord, help us to forgive. Help us to remain close to You And dwell in the Light of Mercy Where forgiveness And all healing is possible. Amen

# Chapter 12

Saving From Death

# The State Of Grieving

he state of grieving can occur before the person you care for, dies. When faced with a deteriorative or long illness, this can be protracted and quite agonising, especially when not knowing how long the state of deterioration and suffering will continue for and how long you have to bear witness as your loved one disappears from view physically and/or cognitively, before your eyes. You are caught in a paradox between wanting to hold on to the person and keep them with you, praying for healing and the need ultimately for acceptance and letting go.

As we are grieving, we are in great need of Spiritual Protection, for we do not always see things clearly in this state. We may also need practical support and encouragement to nurture and nourish ourselves, as we can get lost in the power of strong emotions.

Formal, well known prayers, such as the Our Father, at such times, can be a great help and strength, as can reading favourite Bible verses or spiritual writings from known and loved spiritual authors. Or you may write your own poetry or prayers to help sustain you and shield you. Or simply rest in Silent prayer, no words necessary.

Putting on the Armour of God (Ephesians 6: 10-18) is also a powerful, affirming way of gaining spiritual protection.

Sometimes we can feel assaulted by negative energy, fear, doubt, guilt, shame. This may be especially so, as we begin our grief work and face our loss and feel our pain most profoundly.

We may also want to pray for our loved ones, as well as ourselves, so that they can find profound peace and healing, so that they have safe passage, held by the Light of Christ and the Love of the Father, guided by the Holy Spirit, who is holding and lifting them forever into the Heart of Love.

For a sick person with a terminal illness, there may also be a profound grieving process, as you let go into acceptance.

All need protection from fear and distress that can bind you away from love.

We can pray general prayers or familiar prayers, yet to name the person in prayer and speak their name confidently, is very powerful and confirming:

- Name the person.
- Clearly ask for what you want for the person.
- Ask God openly with expectation.

This is how we have learned to pray.

#### Come Upon....

Holy Spirit, come upon ...... and heal him/her/them now!
Holy Spirit, guide him/her/them with Your faithful Light!
Holy Spirit, comfort him/her/them in all he/she/they suffers!
Holy Spirit, save him/her/them from death and restore him/her/them to full health!
This we pray with total sincerity and absolute trust in You Lord, Amen

# Prayers For A Loved One Who Is Dying

Sometimes we need to accept that it is the person we love's time to go to be with God. This is not easy. We continue to pray that God is with us and that His Will of Love And Mercy be done. We do not stop asking for healing yet we accept that healing might be emotional and spiritual, might be more about comfort and hope in God, about moving towards His bright light. We trust that God will give us the discernment to always know how to pray and what to ask for in any circumstance. And always we ask for His Peace.

#### Lord Bless Those I Leave Behind.

May they find comfort and strength to carry on. May they know that I am safe And You are with me, Comforting me, Guiding me, Holding me, Filling me with Your Radiant Light, Bringing me Eternal Peace. Amen



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#### Lord, Fill Me With The Grace Of Your Peace

Which passeth all understanding And is only a gift that You can give. May all be let go of gently now As I focus more fully on being with You. May that Peace flood every cell in me And bless my soul forevermore. Amen

\* \* \*

#### There Is No Place You Are Not

Here I am lord, pinioned by intolerable pain, I lie on the cross with you and find that my heart too is miraculously opened and so, in some mysterious way, I too am held in the Glory and the Mercy of the passion. Thus I am changed for evermore, knowing that, even in the centre of the most horrendous, indescribable pain, I am closer still to you and can reach out to feel you with me in this most barren and bleakest of places.

There is no place you are not and therefore even here I am safe, for your love strengthens me and my tiny flicker of light is part of your vast and infinite being. Amen

## Lord, Shine Your Light For Me

That I may be led to You now. Be a safe light in any darkness That might surround me Giving me hope and trust in the path That leads me to You. For You are the Light of Life. You are my Comfort And my Hope. Amen

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# Praying For Someone Who Is Dying

Give me the strength to pray for..... Give me the power, Give me the vision, Give me the insight to help them in their passing. Show me all I need to know Help me reach out in Love Help me respond with infinite compassion Not just for myself But for the one whose need is great..... Touch us with Your Peace beyond all knowing And let it remain with us Beyond the passing of our loved one..... Whispering truly to us Of the truth of Love all around us Of the blessing of Love within us Of Love forever true, Pouring out Mercy eternally To heal us all, Till all is restored And all is Utterly made right In You. Amen

#### We Enter A Mystery, Here.

You give us the strength You give us the power You give us the vision. You give us the insight We need You show us all we need to know To reach out in Love In genuine compassion Not for ourselves Not for anyone else, Except the one whose need is great, For that is our focus. And there You place Your Peace beyond all knowing So that we all know it too And there it remains with us Beyond the passing Whispering truly Of love all around us, Of Love within us. Of Love forever true, Pouring out Mercy eternally To heal us. In all our broken moments, Till all is restored And all is Utterly made right In You. Amen

# Let Us Say Yes To You

Let us open our hearts and say a resounding yes of love A yes that opens us instantly to the abundance of heaven Let us say yes to You with all the heavenly hosts Let us sing your Glorious name in absolute abandon And be filled again and again with the joy of the angels who ever live in your presence and see Your most beautiful face Let us dare to say Yes to You Then follow in all confidence the path that lies open the path that leads straight to You Let us sing a resounding yes of love and be at Peace forever more. Amen

#### Chapter 13

# Fear

eath can bring up fear, both for the person dying and those who will be left behind. Is God really with us? Will they be able to cope without the other person. What does the future hold?

Let go of all fear, all negativity, all hurt, now.

Give it to the Lord, so that you can rest; peaceful, free. Ultimately death is a mystery. We require trust, faith and confidence in God to sustain and strengthen us, to love and save us.

# I Banish All Fear

I banish all fear in Jesus Christ's name. I live in Hope And Trust in Him. Amen



#### Lord, Help Us Not To Fear Death

Lord, help us not to fear death But rather trust in Your Love for us That lifts us, through Grace, into the Heart of Love And Oneness, forever, with the Trinity. Amen

\* \* \*

#### Deepest Peace

Lord I ask you to surround my loved one with the deepest peace. I ask that you free them from fear and all anxiety And flood their way with Light and Comfort That carries them straight into the Heart of Love, There to dwell with You forever. Amen

# All Is Held

Help us to know Lord that however great our fear all is held safely in Your loving hands and we are safe therein.



#### Free Us From Fears

Let us ask the Spirit to free us from fears that bind
us away from Love.
Let us ask the Father that we feel His Love in action
with us.
Let us place ourselves in the Heart of Love to feel
the Love of all Three, blessing us and any
fearful situation, lifting us higher than fear.
Let us ask for confidence, for trust, for Love, for
blessings to replace these fears and restore right
balance to our life and to reignite hope in our
hearts.
Amen

\* \* \*

#### We Turn To You

Lord we turn to You When we are in peril. Save us from harm And keep us close, That we do not fail To remember Your Power For Fear's sake. Amen

# Fear And Doubt

When fear and doubts set in, To undermine our faith, Help us be strong, remembering You are Love And nothing is greater Than this Truth! Amen

\* \* \*

# A Reduction In Fear

May fear reduce for you. May hope strengthen you. May truth live in you. May wisdom guide you. May discernment encourage you. May love find you. May beauty comfort you. May inner peace bless your days. Protection

#### **Absolute Protection**

Lord, we ask for your absolute protection now May we feel it now as we go through the day. Keep us safe. Keep our minds in truth. Keep our hearts in goodness. Keep our bodies in health. Keep our spirits shining. May we always feel safe Knowing that you are here And will always protect us Through the Power of Your Love. Amen

## Keep Us Safe

We banish all fear And ask for the Blessings the Spirit brings To uplift and transform our lives, this day And keep us safe from harm. Amen

\* \* \*

#### Loss

Help us find healing, As we deal with our losses. Help us find the healing you so freely give. Help us to reach out and find Your loving presence always near. May we feel the protection Of your loving heart, Keeping us safe against any storm. Free us from the deepest pain That binds us away from feeling anything else. Help us to see the truth And always move towards it, Shielded totally by Your Love. Amen

#### I Need Protection

Lord I need protection, So much assails me daily. Help me to know that You will always provide it, That angels guard me, That You Love me, And that all will somehow be well, Even when it does not feel that way. Amen

\* \* \*

#### I Live in Hope

I banish all fear in Jesus name. I live in Hope and Trust in Him.

#### Let Me Be Still

Let me be still With You oh Lord Help me whisper Your holy name, In confidence and trust, Knowing the Word will heal and save me. Keep me safe this night. Amen